



St Paul's Church



Remembering - Jan Spencer.

So many of you spoke with me after last week's service about your memories of our dear sister Jan. One question resonated with me.

"How can I support and pray for Jan's family, when I am in so much pain myself?"

Firstly, it's normal to feel a great amount of pain as so many of you do, because you have lost a dear friend, that relationship you had, is now gone. There is a sense of emptiness.

Doing the following might help. At the back of church there will be a box with coloured paper, letter size, for you to write a message for Hannah and Daniel, her children. Annotate a scripture that Jan shared with you. You may instead want to print a picture that you may have on your phone with yourself and Jan or just Jan. (Boots on Fremlin walk can help you with this, although other retailers are available). We will collate these and make an appropriate book for her children. This will help us in our grief, but also be a blessing to her children at some point in the future.

Please let other friends of Jan who attend another church know what we are doing, if they would like to do this with us.

Blessings, Claude

SERVICES

SUNDAY 19 JULY – 7th Sunday after Trinity

10.30 am – Morning Worship – Gwyn

Readings: Romans 8.12-25; Matthew 13.24-30.36-43

SUNDAY 26 JULY – 8th Sunday after Trinity

10.30 am – Holy Communion – Rev Claude

Charys Beswick will be preaching

Readings: Psalm 19 (NIV) page 510; Ephesians 3: 14-21 (NIV) page 189

SUNDAY 2 AUGUST – 9th Sunday after Trinity

10.30 am – Café Worship – Gwyn

SUNDAY 9 AUGUST – 10th Sunday after Trinity

9.15 am for 9.30 am - Bubble Church

10.30 am – All-Age Service with Communion – Rev Claude

Readings: Romans 10.5-15 Matthew 14.22-33

SUNDAY 16 AUGUST – 11th Sunday after Trinity

10.30 am – Morning Worship – Gwyn

Readings: Romans 11.1-2a, 29-32; Matthew 15.[10-20]21-28

EVENTS

FRIDAY 31 JULY @ 7 pm

Church Crafts

THURSDAY 20 AUGUST @ 2.30 pm

Fellowship: The Leprosy Mission - Wendy Piccinini

SATURDAY 22 AUGUST - time tbc

BBQ

THURSDAY 10 SEPTEMBER @ 2.30 pm

Mothers' Union: Packing Shoe Boxes

SATURDAY 12 SEPTEMBER time tbc

Ride and Stride

THURSDAY 17 SEPTEMBER @ 10.30 am

Fellowship: Seaside outing

THURSDAY 8 OCTOBER @ 12.30 pm

Mothers' Union: Harvest Lunch at the Bull

SATURDAY 10 OCTOBER @ 6.15 pm for 6.30 pm

Harvest Supper

THURSDAY 15 OCTOBER @ 10.30 am

Fellowship: Beetle Drive

SATURDAY 24 OCTOBER time tbc

Autumn Fair

Café worship Q & A

1. How easy is it for us to call on God when things are not going well and then forget to thank Him when answering prayers?
A Remember that prayers are not always answered as we would wish. Take it on faith that God wants the best for us. Listen to Him!
Keep a prayer request diary and revisit to see what God has done and thank Him.
2. Have you ever been thanked for something you have not done? What happened?
A Always be honest and confess when we are not due thanks and redirect praise the right person.
3. Have you ever not been able to thank someone in person, but paid on your thanks by doing good for someone else?
A Always do good to others whether or not we have received help previously.
We owe a great deal to people who have helped us in the past i.e. teachers, ministers etc and probably never thanked them.
Pass on that help to others.

New Bible Studies

Mondays 3rd, 10th, 17th and 24th August

Meaning in the Miracles

led by Rev Canon Liz Walker

These 4 Bible Studies will look more deeply at a Miracle account and then consider what this might suggest about how we practise our faith today.

When: 7.30pm (Coffee from 7.15) **Where:** in St Nicholas Church

Monday 3rd The Gerasene Demoniac *Mark 5 v.1-20*

Monday 10th The Feeding of the 5000 *Mark 6 v. 30-44*

Monday 17th The Stilling of the Storm *Mark 4 v.35-41*

Monday 24th The Healing of the Syrophoenician woman's daughter *Mark 7v.24-30*

It would be great to see you there. Please speak to one another about car sharing.

Security Awareness training

Rev Joyce Addison is arranging Home Office-funded training on understanding security threats and practical public building (church) safety. A session is planned at St Martin's, probably in September, if at least 20 people sign up. To express interest, email Joyce. revjaddison@gmail.com

Rev Anthea Mitchell has arranged training at St Andrews on 26th July at 12:15 on working with children and current guidance. All churches are welcome, whether already involved or considering it. Please let Anthea know if you would like to attend. anthea.mitchell@sky.com