

# Weekly Schedule

## Monday

### IPA

4.15 pm - 5.45 pm (large)

4 pm - 7.00 pm (small)

intermissionpa@hotmail.com

### British Sugar Craft

7 pm - 10 pm (large)

(alternate 1st Monday)

from Sept

01622 762749

### Maidstone Postcards

7.15 pm - 9.30 pm (small)

(3rd Monday)

01622 843536

## Tuesday

### IPA

4.15pm - 5.45 pm (large)

4 pm - 7.30 pm (small)

intermissionpa@hotmail.com

### Tai Chi

6.45 pm - 7.45 pm (large)

telisataichi@gmail.com

### Zumba

8.05 pm - 9.05 pm (large)

claudia.trentino11@gmail.com

## Wednesday

### Pilates

9.15 am - 10.00 am (small)

annailes80@gmail.com

from 16th June

### Qigong

6.45 pm - 7.45 pm (large)

www.club-chi.co.uk

info@club-chi.co.uk

### Maidara

1 pm - 4 pm (large)

(1st Wednesday from Nov)

Rob Hunt

01622 676422

### Rochester Singers

8.00 pm - 9.30 pm (church)

globaljane@hotmail.co.uk

## Thursday

### Maidstone Philatelic Society

7 pm - 9.30 pm (small)

(Fortnightly - return tbc)

stamp.mags@btinternet.com

### IPA

4.15 pm - 7.15 pm (large)

intermissionpa@hotmail.com

### Lindy Hoppers

7.45 pm - 9.45 pm (large)

trevortango@virginmedia.com

## Friday

### Perform

3.30 pm - 6.00 pm (small)

0845 400 4024

### IPA

4.00 pm - 5.45 pm (large)

intermissionpa@hotmail.com

### Guides & Rangers

7.30 pm - 9.30 pm (small)

jackwao68@hotmail.com

## Saturday

### IPA

8.45 am - 4.45 pm (small)

10.30 am - 2.15 pm (large)

intermissionpa@hotmail.com

### Gymnastics

9.00 am - 10.00 am (large)

Dance25.8@hotmail.com

### British Sugar Craft

2 pm - 5 pm (large)

(alternate 1st Saturday)

contact: 01622 762749

### Qigong/Meditation

6.45 pm - 7.45 pm (large)

www.club-chi.co.uk

info@club-chi.co.uk

(1st Saturday)